

# STAYNER'S WHARF

## PUB & GRILL

### Tasty Snack Apps

#### Pesto Buttered Pizza Bread • \$10.95

Baguette topped with pesto butter, tomato sauce, mozza, sausage, tomatoes and green onions and served with a tangy tasty donair sauce.

#### Calamari • \$9.95

Thinly sliced, lightly battered, flash fried and served with a tangy tasty red pepper relish. Don't be jealous!

#### Mussels N' Cream • \$8.95

Steamed in their own juices then tossed in a white wine and garlic cream sauce, accompanied by baguette.

#### Wings or Wings & Rings or Rings • \$9.95

**New** Your choice, just our original chicken wings with a trio of sauces, or wings with crunchy breaded onion rings with a curry mayo or just crunchy breaded onion rings. Choices, choices!

#### Fish Cakes(2) • \$9.95

Crispy golden cakes made with potato, salmon, haddock, onion and celery and served with a tangy curry pineapple chutney.

### Specials For Today, Tomorrow and Yesterday

#### Monday

#### Fish Cakes-n-Caesar • \$12.95

Crispy golden cakes made with potato, salmon, haddock, onion and celery. Served with a side Caesar salad and our roasted red pepper mayo.

#### Tuesday

#### Crispy Chicken • \$12.95

A boneless breast of chicken breaded and golden fried, moist, tender and delicious. Served with cranberry chutney, creamy whipped potatoes and coleslaw.

#### Wednesday

#### Montreal Smoked Meat Sandwich 5oz • \$10.95 7oz • \$12.95

Be transported to Montreal via our front stage. Enjoy fresh sliced original Montreal smoked meat on fresh light rye bread accompanied by prepared mustard, pickle spear, home cut potato chips & creamy coleslaw. C'est Bon!

#### Thursday

#### Grilled Rubeen on Rye • \$12.95

**New** Delicious, juicy & tender Montreal smoked meat, tangy sauerkraut, Swiss cheese & red pepper mayo on light rye bread grilled to perfection. Served with home cut fries and pickle spear.

#### Friday

#### Breaded Haddock • \$14.25

Fresh fillet of haddock, breaded and golden fried, served with pineapple salsa, creamy whipped potatoes and coleslaw.

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[www.staynerswharf.com](http://www.staynerswharf.com)

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# STAYNER'S WHARF

## PUB & GRILL

F/11

### Lunch Super Soups

#### Fresh Baked Baguette

Olive oil and balsamic vinegar for dipping or hummus to spread.

1\4 loaf • \$1.99 1\2 loaf • \$2.99 3\4 loaf • \$3.99 Full loaf • \$4.99

#### Seafood Chowder • \$9.95

#### Chicken & Shrimp Hot Pot • \$13.95

In a tasty sesame herb broth sit angel hair pasta, crisp vegetables, grilled chicken & jumbo shrimp.

#### Ask Your Server Soup • \$7.95

#### Cup 'O Chowder • \$7.75

#### Cup 'O Soup of the day • \$6.95

#### Ask Your Server Soup & Any Appetizer Size Salad • \$12.95

With Chowder • 13.95

### Fresh From The Garden

Add Sausage • \$4.95 Add Grilled or Seasoned Chicken • \$4.95

Add Calamari • \$4.95

All salads NOW served with fresh pita wedges.

#### Granny Caesar Smith

Traditional style with a twist, with bacon bits, parmesan, homemade croutons and diced Granny Smith apples.

Full Salad • \$9.95 Appetizer Size • \$7.50

#### Spinach & Nutty Maple Salad Too

Fresh baby spinach drizzled with a light maple dressing and topped with red onion, goat cheese, maple glazed cashews, grilled pineapple and puréed pickled beets.

Full Salad • \$9.95 Appetizer Size • \$7.50

#### Greek with a Twist

Julienne cucumber and pickle rest on sliced tomatoes, feta cheese, kalamata olives, chunky green peppers, red onions, drizzled with an oregano vinaigrette over iceberg & romaine lettuce.

Full Salad • \$9.95 Appetizer Size • \$7.75

#### Mango, Veg & Fruit Salad

A black bean salsa & shredded coconut top tomato, celery, cukes, carrot, sliced almonds, oranges, granny apples, dried mango & cranberries tossed in a mango dressing that rest on top of Thai dressed romaine.

Full Salad • \$9.95 Appetizer Size • \$7.50

#### Grilled Veg Salad

**Back** Grilled eggplant, red onion, red and green pepper, zucchini, Portobello mushroom, carrots, parsnips & goat cheese rest atop a bed of spinach and drizzled with a tasty balsamic, soy and honey dressing.

Full Salad • \$11.95 Appetizer Size • \$8.95

# Sandwiches & Burgers Stayner's Style

Sandwiches & burgers served with home cut fries and pickle spear.  
Salad in place of fries - Add • \$1.95      Add Gravy • \$.95



## The Pub Club Deluxe • \$12.95

Sliced chicken, Montreal spiced bacon, black forest ham, melted cheddar with lettuce, tomato and mayo.

## Charbroiled Beef & Cheeses Burger • \$12.50

Jeez whiz! Cheddar, white cheddar and mozza top this charbroiled 6oz all beef patty, served with lettuce, tomato and chipotle mayo.

## The Hawaiian Burger • \$12.95

A charbroiled 6oz beef patty, topped with grilled pineapple, mozza cheese and a breaded golden brown onion ring served with lettuce, tomato and garlic mayo.

## Donairger • \$11.95

Thinly sliced homemade donair meat topped with melted mozza and served with sliced tomatoes, onions and a light garlicky mayo on kaiser.

## Grilled Portoburger • \$11.95

Grilled Portobello mushroom and red pepper, Swiss cheese topped with lettuce, breaded golden onion ring and red pepper mayo on kaiser.

## The Cubano on Rye • \$12.95

Thinly sliced roast pork, Montreal spiced thick bacon, black forest ham, 2 slices of pickle, Swiss cheese and honey Dijon mayo on rye then grilled to perfection. Hola cow!

## Chicken Burger Deluxe • \$12.95

A juicy seasoned breast of chicken with lettuce, tomato and roasted red pepper mayo on a fresh Kaiser, it couldn't be wiser.



## The Midnight Special (You gotta be hungry)

### Sloppé Jose • \$12.95

Chili and MexiCheese topped with sour cream, cheddar, diced tomato and green onion on a toasted kaiser and served with home cut fries.

# From Land To Sea

## Stayner's Steak • \$23.95

Season a 7oz AAA tenderloin, then charbroil to perfection, finish under broiler with Café Paris butter, served with a creamy whipped potato & sweet potato combo and crisp vegetables.

## Honey Ginger Chicken • \$12.95

Grill a boneless breast of chicken and lace with flavorful honey ginger sauce then serve with rice pilaf and fresh vegetables.

## Lunenburg Sauerkraut and Sausage

Old fashioned sauerkraut, Oktoberfest sausage and creamy whipped potatoes. A fan favorite!

1 Sausage • \$11.75 🌭 2 Sausage • \$13.75

## TurkeyMeat Loaf • \$14.95

Homemade turkeymeat loaf topped with delicious turkey gravy and our own cranberry chutney, served with a creamy whipped potato and sweet potato combo and crisp vegetables.



# From Land To Sea (con't)

## Curry Crusted Salmon • \$18.95

Curry crusted pan seared filet of Atlantic salmon accompanied by a refreshing black bean & tomato salsa with creamy whipped potato and seasonal vegetables.

## Pan Fried Haddock • \$16.95

Pan fry fresh haddock over medium heat, braise with lemon herb butter and serve with rice pilaf and crisp vegetables.

## Cajun Haddock w Pineapple Salsa • \$17.50

Fresh fillet of haddock pan seared with Cajun seasoning, topped with a cool curry pineapple salsa, served with rice pilaf and fresh vegetables.

## Whole Clams & Fries • \$17.95 (When Available)

Lightly floured and golden fried; whole clams at their tastiest. Home cut fries and creamy coleslaw on the side.

## Stayner's Fish & Fries

Our original recipe - a favorite - less batter, more fish!

Included, home cut fries and creamy coleslaw.

1 piece • \$10.95      2 piece • \$13.95

# Pastas With Purpose

Garlic bread to accompany each pasta.

## Meatball Italiano Linguini • \$14.25

Tender and delicious mini meatballs stewed in a light tomato sauce with sautéed portobellos, red peppers, celery and onions then gently placed over linguini. That's a some nice a meat ball!

## Porto Parma Pasta • \$15.95

Plump & tender Portobello mushroom topped with our peppery peppercorn sauce, melted Swiss and parmesan cheese over spinach, roasted red pepper and whole wheat or regular linguini.

## Selfish Shellfish • \$19.95

Sauté shrimp and scallops with garlic, onion, green pepper, mushroom, tomato & spinach in a creamy tasty curry sauce. Place ingredients over angel hair pasta and garnish with mussels. Don't be selfish, share the shellfish!

# Special Combos For You To Chews • \$13.95

From below select one appetizer, one main & one dessert for only • \$13.95

## Appetizers

Choose one of below

Mini Caesar Salad

Mini Spinach Salad

Cup 'O Soup

Cup 'O Chowder

## Mains

Choose one of below

1/2 portion Linguini & Meatballs

1/2 TurkeyMeat Loaf & Whipped Potatoes

1 pc. Fish & Mini Fries

Mini Clams & Fries

1 pc. Sausage & Mini Mashed & Kraut

## Dessert

Choose one of below

Mini Brownie or Mini Sponge Cake